

<u>BOLD Athletics</u>	<u>BOLD Academy</u>	<u>REGIONAL</u>	<u>NATIONAL</u>
Age	8 - 18	8 - 18	10 - 18
Practice Days	1-2 per week	2-3 per week	3-4 per week
Practice Times	TBA	TBA	TBA
Practice Site	BOLD Athletics "New Site"	BOLD Athletics "New Site"	BOLD Athletics "New Site"
# of Players per Team	8 - 14	8 - 12	8 - 10
Tournaments	1-3 Play Dates or Tourneys	4-6 Tournaments	6-8 Tournaments
Fees Include	Admin Fees, Equipment, Coaches Salary, Coaches Expenses, Tournament Entry Fees, Uniforms, Practices, Facility Fees	Admin Fees, Equipment, Coaches Salary, Coaches Expenses, Tournament Entry Fees, Practices, Facility Fees	Admin Fees, Equipment, Coaches Salary, Coaches Expenses, Tournament Entry Fees, Practices, Facility Fees
Monthly Fees Due	Upon Acceptance, Nov. 15th, the 1st or 15th of every month thereafter.	Upon Acceptance, Nov. 15th and the 1st or 15th of every month thereafter	Upon Acceptance, November 15th, the 1st or 15th of every month thereafter.
Uniforms (not included in fees)	2 jerseys, 1 pair spandex, 1 pair kneepads, 3 pair socks, 3 practice shirts	3 jerseys, 2 pair spandex, 1 pair kneepads, 3 pair socks, 3 practice shirts	3 jerseys, 2 pair spandex, 1 pair kneepads, 3 pair socks, 3 practice shirts
Season Start	Mid-November	Mid-November	Mid-November
Travel Area Tryouts Required	Local (No more than 1 hour)	Regional (No more than 4-6 hours)	USA
Tryout Fee	\$65 Early Bird (\$75 Regular)	\$65 Early Bird (\$75 Regular)	\$65 Early Bird (\$75 Regular)
USAV Membership Fee	\$55	\$55	\$55

AAU Membership Fee	\$0	\$17 (If attending AAU Nationals)	\$17 (If attending AAU Nationals)
<p>General Commitment Level (All team commitments are for the entire year)</p>	<p><u><i>BOLD Academy Team Commitment</i></u></p> <p><i>This BOLD Academy Team Commitment is ideal for those new to volleyball or those who enjoy playing primarily for fun but still want to be a part of a team. Development in the game is your sole premise and these teams will not travel. If there are any games or play dates scheduled, those will all be played locally within 1 hour. Punctuality and regular attendance at practices and games are expected to help you truly learn and grow in the sport.</i></p> <p><i>Consider this level if you're involved in various school activities, organizations, or other sports that occasionally cause you to be late or miss practices, scrimmages or play dates. Playing time is generally distributed evenly among all players. The season typically ends between February and March.</i></p>	<p><u><i>Regional Team Volleyball Commitment</i></u></p> <p><i>Generally at this level, the athlete should have at least 2 years of experience. This level requires athletes to be punctual and maintain strong attendance at practices and tournaments. These teams will take their show on the road to games and tournaments. We understand school commitments, and adjustments can be made with prior notice.</i></p> <p><i>Your team will participate in tournaments, making your individual and team growth crucial. Your teammates and coaches depend on you. Playing time is determined by your attendance and performance in practice. This season typically runs through March-April.</i></p>	<p><u><i>National Team Volleyball Commitment Level</i></u></p> <p><i>Are you ready to take your volleyball skills to the next level? At the National Team Level, these elite-level athletes must be punctual and fully commit to all practices, mandatory workouts, games, and tournaments. We understand school commitments, and with prior notice, we can make necessary adjustments.</i></p> <p><i>Athletes in this program have mastered the fundamentals of volleyball and are prepared for advanced coaching. If you aim to be recruited to play college volleyball, this is the level for you. Success at this level demands extra quality work (e.g., private skill sessions, group or private strength & volleyball training and recovery) outside of scheduled practices and workouts without being told.</i></p> <p><i>You will compete at the highest levels, focusing on winning tournaments and earning bids at USAV, JVA or AAU volleyball tournaments. Your teammates and coaches depend on you to grow individually and as a team. Playing time is based on your attendance, practice performance, and strategic decisions that help you and the team succeed. The season could end in April-May and extend through June-July for national tournaments.</i></p>